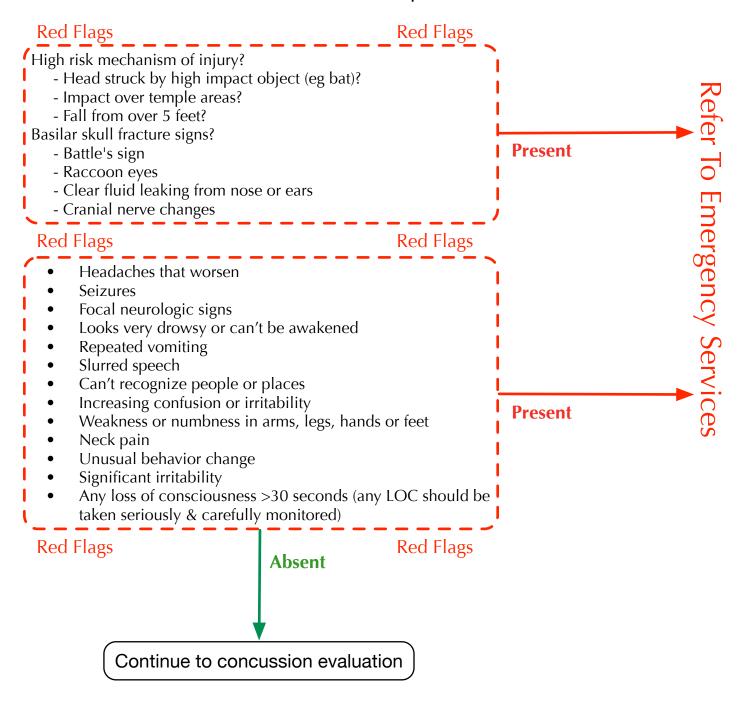
Head Injury Algorithm

Always follow basic principles of first aid as directed in BLS, PALS or PEARS

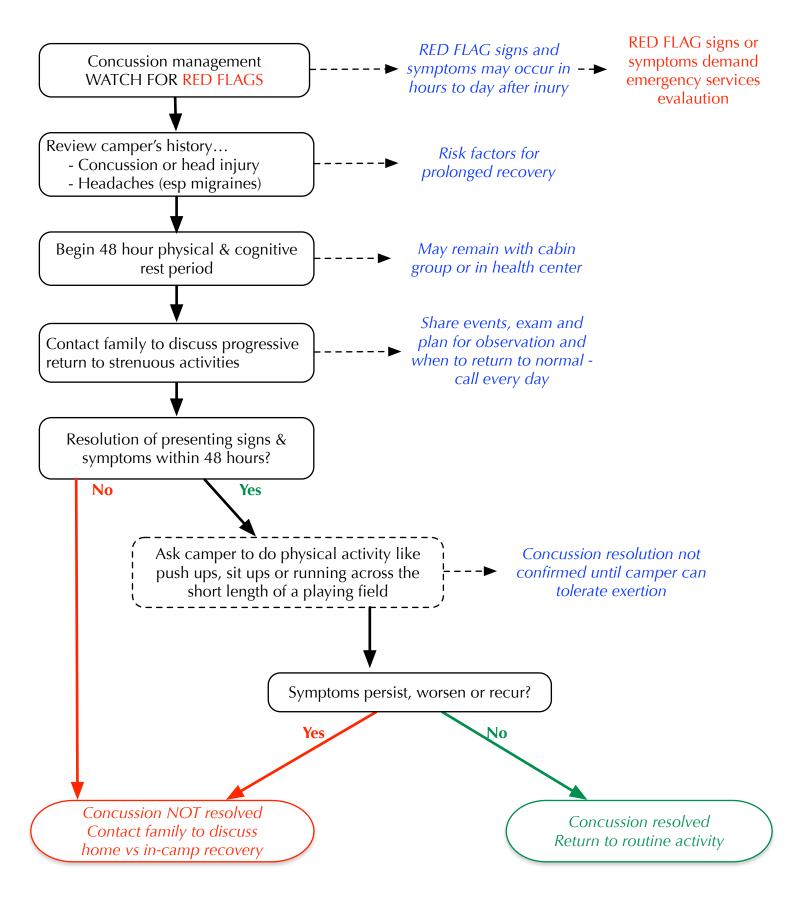
Manage

Danger, Response, Airway, Breathing, Circulation

DO NOT ATTEMPT TO MOVE CAMPER unless trained to do so DO NOT REMOVE ANY HEADGEAR (if present) unless trained to do so



Concussion Perform evaluation in the following sequence then follow Pass/Fail path at bottom evaluation Orientation What activity are you doing now? Where in camp are you right now? What is the name of camp? Who am I (gives name of examiner)? 2 - Anterograde Amnesia - Recall Test Ask the camper to repeat back the following words: Girl, Dog, Green 3 - Retrograde Amnesia - Memory Test - Ask the camper... Do you remember getting hit? Perform mental What was happening before you were hit? status exam What were you doing before this activity? What was the last meal you ate? What did you have? $oldsymbol{4}$ - Concentration - Ask the camper to do the following... Repeat the days of the week backwards (start with today) Repeat the months of the year backwards (start with December) Repeat these numbers backwards 63 (36), 419 (914), 6294 (4926) 5 - Word List Memory Ask the camper to repeat back the 3 words from above: Girl, Dog, Green <u>Symptoms reported by camper</u> Headache or "pressure" in head Nausea Balance problems or dizziness Double or fuzzy vision Sensitivity to light or noise Feeling sluggish or slowed down Feeling foggy, groggy, or "not right" Assess for concussion signs Signs in camper observed by staff & symptoms Appears dazed or stunned Is confused about what to do in activity Forgets previously given directions of activity Moves clumsily Answers questions slowly Shows behavior or personality changes Can't recall events prior to fall or hit Can't recall events after fall or hit OK to remain in camp -No evidence of acute concussion watch for signs/symptoms or Yes Passes mental status exam **RED FLAGS** Absence of signs or symptoms? Continue to concussion Vo management Acute concussion present



Adapted from Concussion in Sports palm card and "Heads Up: Brain Injury in Your Practice" tool kit developed by the Centers for Disease Control and Prevention (CDC) at www/cdc.gov/injury, and Pocket Concussion Recognition Tool copyrighted in 2013 by Concussion in Sport Group - Br J Sports Med 47 (5), 2013