

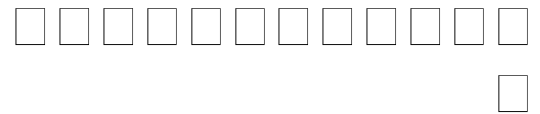


Atah b'ratah, atah y'tzartah, atah n'fachtah bi,  
 v'atah m'shamrah b'kirbi,  
 modeh/modah ani l'fanecha, Adonai Elohai  
 v'Elohei avotai v'imotai, Ribon kol hamassim,  
 Adon kol han'shamot, Baruch atah Adonai,  
 asher b'yado nefesh kol chai v'ruach kol b'sar  
 ish.

אתה בראתה, אתה יצרתה, אתה נפחתה בי,  
 ואתה משמרה בקרבי,  
 מודה/מודה אני לפניך, יי אלהי ואלהי  
 אבותי ואמותי, רבון כל המעשים, אדון כל  
 הנשמות. ברוך אתה יי, אשר בידו נפש כל חי  
 ורוח כל בשר איש.

My God, the soul You have given me is pure. You created it, You shaped it, You breathed it into me, and You protect it within me, For as long as the soul is within me, I offer thanks before You, Adonai, my God and God of my ancestral fathers and mothers, Source of all creation, Sovereign of all souls. Praised are You, Adonai, in whos hands is every living soul and breath of humankind.

## For Daily Miracles



Baruch atah Adonai Eloheinu Melech ha'olam,  
 asher natan lasechvi vinah l'havchin bein yom  
 uvein laila.

ברוך אתה יי אלהינו מלך העולם,  
 אשר נתן לשכוי בינה להבחין בין יום ובין לילה.

Praise to You, Adonai our God, Sovereign of the universe, who has given the mind the ability to distinguish day from night.

Baruch atah Adonai Eloheinu Melech ha'olam,  
 pokei-ach ivrim.

ברוך אתה יי אלהינו מלך העולם,  
 פוקח עורים.

Praise to You, Adonai our God, Sovereign of the universe, who opens the eyes of the blind.

Baruch atah Adonai Eloheinu Melech ha'olam,  
 matir asurim.

ברוך אתה יי אלהינו מלך העולם,  
 מתיר אסורים.

Praise to You, Adonai our God, Sovereign of the universe, who frees the captive.

Baruch atah Adonai Eloheinu Melech ha'olam,  
 zokeif k'fufim.

ברוך אתה יי אלהינו מלך העולם,  
 זוקף כפופים.

Praise to You, Adonai our God, Sovereign of the universe, who lifts up the fallen.

Baruch atah Adonai Eloheinu Melech ha'olam,  
 roka haaretz al hamayim.

ברוך אתה יי אלהינו מלך העולם,  
 רוקע הארץ על המים.

Praise to You, Adonai our God, Sovereign of the universe, who stretches the earth over the waters.

Baruch atah Adonai Eloheinu Melech ha'olam,  
 hameichin mitzadei gaver.

ברוך אתה יי אלהינו מלך העולם,  
 המכין מצעדי גבר.

Praise to You, Adonai our God, Sovereign of the universe, who strengthens our steps.

Baruch atah Adonai Eloheinu Melech ha'olam,  
 malbish arumim.

ברוך אתה יי אלהינו מלך העולם,  
 מלביש ערומים.

Praise to You, Adonai our God, Sovereign of the universe, who clothes the naked.

Baruch atah Adonai Eloheinu Melech ha'olam,  
 hanotein laya-eif ko-ach.

ברוך אתה יי אלהינו מלך העולם,  
 הנותן ליגעף כח.

Praise to You, Adonai our God, Sovereign of the universe, who gives strength to the weary.

Baruch atah Adonai Eloheinu Melech ha'olam,  
 hamaavir sheinah mei-einai, utnumah mei-afapai.

ברוך אתה יי אלהינו מלך העולם,  
 המעביר שנה מעיני ותנומה מעפעפי.

Praise to You, Adonai our God, Sovereign of the universe, who removes sleep from the eyes, slumber from the eyelids.

Baruch atah Adonai Eloheinu Melech ha'olam,

ברוך אתה יי אלהינו מלך העולם,

she-asani b'tzelem Elohim.

בְּצֶלֶם אֱלֹהִים.

Praise to You, Adonai our God, Sovereign of the universe, who made in the image of God.

Baruch atah Adonai Eloheinu Melech ha'olam,  
she-asani ben / bat chorin.

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,  
שָׁעֲשֵׂנִי בֶן / בַּת חוֹרֵן.

Praise to You, Adonai our God, Sovereign of the universe, who has made me free.

Baruch atah Adonai Eloheinu Melech ha'olam,  
she-asani Yisrael.

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,  
שָׁעֲשֵׂנִי יִשְׂרָאֵל.

Praise to You, Adonai our God, Sovereign of the universe, for my being a Jew.

Baruch atah Adonai Eloheinu Melech ha'olam,  
ozeir Yisrael big'vurah.

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,  
אוֹזֵר יִשְׂרָאֵל בְּגִבּוּרָה.

Praise to You, Adonai our God, Sovereign of the universe, who girds Israel with strength.

Baruch atah Adonai Eloheinu Melech ha'olam,  
oteir Yisrael b'tifarah.

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,  
עוֹטֵר יִשְׂרָאֵל בְּתִפְאַרָה.

Praise to You, Adonai our God, Sovereign of the universe, who crowns Israel with splendor.

## For Torah

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Baruch atah, Adonai Eloheinu, Melech ha'olam,  
asher k'dishanu b'mitzvotav v'tzivanu  
la'asok b'divrei torah.

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Blessed is the Eternal, our God, Ruler of the universe, who hallows us with Mitzvot,  
and commands us to engage in the study of Torah.

## Eilu D'Varim

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Eilu d'varim she-ein lahem shiur,  
she-adam ocheil peiroteihem baolam  
hazeh v'hakeren kayemet lo laolam haba.  
v'eilu hein: kibud av va-eim,  
ug'milut chasadim, v'haskamat beit  
hamidrash shacharit v'arvit, v'hachnasat  
orchim uvikur cholim, v'hachnasat  
kalah, ul'vayat hameit, v'iyun t'filah,  
vahavaat shalom bein adam lachaveiro:  
V'talmud Torah k'neged kulam.

אֵלוּ דְּבָרִים שֶׁאֵין לָהֶם שְׁעוֹר.  
שֶׁאָדָם אוֹכֵל פְּרוֹתֵיהֶם בְּעוֹלָם  
הַזֶּה הַקָּרוֹן קַיֶּמֶת לוֹ לְעוֹלָם הַבָּא.  
וְאֵלוּ הֵינּוּ: כְּבוֹד אָב וָאֵם.  
וּגְמִילוּת חֲסָדִים. וְהַשְׁכַּמַּת בֵּית  
הַמִּדְרָשׁ. שְׁחֲרִית וְעֶרְבִית. וְהַכְּנָסֶת  
אוֹרְחִים. וּבְקוֹר חוֹלִים. וְהַכְּנָסֶת  
כְּלָה. וְלִגְוִית הַמֵּית. וְעִיּוֹן תְּפִלָּה.  
וְהַבְּאֵת שְׁלוֹם בֵּין אָדָם לְחֲבֵרוֹ:  
וְתַלְמוּד תּוֹרָה כְּנֶגֶד כֻּלָּם.

These are the obligations without measure, whose reward, too, is without measure:  
To honor father and mother, To perform acts of love and kindness, To attend the house of study daily,  
To welcome the stranger, To visit the sick, To rejoice with bride and groom,

To console the bereaved, To pray with sincerity, To make peace when there is strife,  
And the study of Torah is equal to them all because it leads to them all.

## P'sukei D'zimrah – Verses of Praise

### Baruch She-amar

Baruch she-amar v'hayah haolam,  
Baruch hu.  
Baruch oseh v'reishit,  
Baruch omeir v'oseh,  
Baruch gozeir um'kayeim,  
Baruch m'racheim al haaretz,  
Baruch m'racheim al habriut,  
Baruch m'shaleim sachar tov lirei-av.  
Baruch chai laad v'kayam lanetzach.  
Baruch podeh umatzil, baruch sh'mo.  
Bish'vachot uviz'mirot n'gadelcha  
un'shabeichacha un'fa-ehrcha v'nazkir  
shimcha v'namlich'cha, Malkeinu Eloheinu.  
Yachid, chei haolamim, Melech m'shubach  
um'fo-ar, adei ad sh'mo hagadol.  
Baruch atah, Adonai,  
Melech m'hulal batishbachot.

### בְּרוּךְ שֶׁאָמַר

בְּרוּךְ שֶׁאָמַר וְהָיָה הָעוֹלָם,  
בְּרוּךְ הוּא,  
בְּרוּךְ עֹשֶׂה בְּרֵאשִׁית,  
בְּרוּךְ אוֹמֵר וְעוֹשֶׂה,  
בְּרוּךְ גּוֹזֵר וּמְקַיֵּם,  
בְּרוּךְ מְרַחֵם עַל הָאָרֶץ,  
בְּרוּךְ מְרַחֵם עַל הַבְּרִיּוֹת,  
בְּרוּךְ מְשַׁלֵּם שְׂכָר טוֹב לִירְאָיו,  
בְּרוּךְ חַי לְעַד וְקַיֵּם לְנֶצַח,  
בְּרוּךְ פּוֹדֶה וּמַצִּיל, בְּרוּךְ שְׁמוֹ.  
בְּשִׁבְחוֹת וּבְזִמְרוֹת, וּנְגִדְלָךְ  
וּנְשַׁבַּחְךָ וּנְפָאֲרְךָ וּנְזַכִּיר  
שְׁמֶךָ, וְנַמְלִיכְךָ, מַלְכֵנוּ אֱלֹהֵינוּ,  
יָחִיד, חַי הָעוֹלָמִים, מְלֶךְ מְשֻׁבָּח  
וּמְפָאֵר עַדִּי עַד שְׁמוֹ הַגָּדוֹל.  
בְּרוּךְ אַתָּה יי,  
מְלֶךְ מְהֻלָּל בַּתְּשֻׁבָּחוֹת.

Blessed is the One who spoke and the world came to be. Blessed is the One!

Blessed is the One who continually authors creation. Blessed is the One whose word is deed; blessed is the One who decrees and fulfills. Blessed is the One who is compassionate towards the world; blessed is the One who is compassionate towards all creatures. Blessed is the One who rewards the reverent; blessed is the One who exists for all time, ever-enduring. Blessed is the One who redeems and saves; blessed is God's Name! With songs of praise, we extol You and proclaim Your Sovereignty, for You are the Source of life in the universe. One God, Life of the Universe, praised and glorious Ruler, Your Name is Eternal.

### Mizmor Shir

Miz'mor shir l'yom HaShabbat. Tov l'hodot L'Adonai,  
Ul'zamer l'shim'cha el'yon.  
L'hagid baboker chas'de'cha ve'emunat'cha baleilot.  
Alel asor va'alei-navel alel higayon b'chinor.  
Ki simachtani Adonai b'fo-olecha b'maasei yadecha aranein.  
Mah gadlu maasecha Adonai,  
m'od amku machsh'votecha.  
Ish baar lo yeida uch'sil lo yavin et zot.  
Tzaddik katamar yifrach k'erez baL'vanon yisgeh.  
Sh'tulim b'veit Adonai,  
b'chatzrot Eloheinu yafrichu.  
Od y'nuvun b'sevah, d'sheinim v'raananim yih'yu.



מִזְמוֹר שִׁיר לַיּוֹם הַשַּׁבָּת. טוֹב לְהַדוֹת לַיי,  
וּלְזַמֵּר לְשִׁמְךָ עֵלְיוֹן.  
לְהַגִּיד בַּבֹּקֶר חַסְדְּךָ, וְאֶמוּנַתְךָ בַּלַּיְלוֹת.  
עַלִי עֲשׂוֹר וְעַלִי נָבֵל, עַלִי הַגִּיּוֹן בְּכִנּוֹר.  
כִּי שִׁמַּחְתַּנִּי יי בְּפִעֲלֶךָ, בְּמַעֲשֵׂי יָדֶיךָ אֲרָנִין.  
מַה גָּדְלוֹ מַעֲשֵׂיךָ יי,  
מֵאֵד עֲמָקוֹ מִחֻשְׁבֹּתֶיךָ.  
אִישׁ בְּעַר לֹא יִדְעֵ, וְכִסִּיל לֹא יִבִּין אֶת  
זֹאת.  
צַדִּיק כְּתָמַר יִפְרַח, כְּאֶרֶז בַּלְבָּנוֹן יִשְׁגֶה.  
שְׁתוּלִים בְּבֵית יי,  
בְּחֻצְרוֹת אֱלֹהֵינוּ יִפְרִיחוּ.  
עוֹד יִנוּבוּן בְּשִׁיבָה, דְּשִׁנִּים וְרַעֲנָנִים יִהְיוּ.

L'hagid ki yashar Adonai tzuri v'lo avlatah bo.

להגיד כי ישׁר יי, צורי ולא עולתה בו.

A Psalm, a song for Shabbat. It is good to praise Adonai; to sing hymns to Your name, O Most High, to proclaim Your steadfast love at daybreak, Your faithfulness each night with a ten-stringed harp, with voice and lyre together. You have gladdened me by Your deeds, Adonai; I shout for joy at Your handiwork. How great are Your works, Adonai, how very profoud Your designs! A brute cannot know, a fool cannot understand this: The righteous bloom like a date-palm; they thrive like a cedar in Lebanon; planted in the house of Adonai, they flourish in the courts of our God. In old age they still produce fruit; they are full of sap and freshness, attesting that Adonai is upright, my Rock, in whom there is no wrong. (Psalm 92:1-6, 13-15).

Ashrei yoshvei veitecha,

אַשְׁרֵי יוֹשְׁבֵי בֵיתְךָ.

od yechalucha sela.

עוֹד יִהְלְלוּךָ סֵלָה.

Ashrei ha'am shekacha lo,

אַשְׁרֵי הָעַם שִׁכַּח לּוֹ.

ashrei ha'am she'Adonai Elohai.

אַשְׁרֵי הָעַם שֵׁי אֱלֹהֵיוֹ.

*Happy are those who dwell in Your house; they will sing Your praise for ever. Happy the people whom such blessing falls; happy the people whose God is the Lord.*

### **T'hila l'David (Psalm 145)**

T'hila l'David.

תְּהִלָּה לְדָוִד.

Aromimecha, Elohai hamelech;

אַרְוֹמְמֶךָ אֱלֹהֵי הַמֶּלֶךְ.

va'avarcha shimcha l'olam va'ed.

וְאַבְרַכְּךָ שְׁמֶךָ לְעוֹלָם וָעֶד.

B'chol-yom avarchecha,

בְּכָל-יוֹם אֲבָרְכֶךָ.

va'al'lecha shimcha l'olam va'ed.

וְאַהֲלִלְךָ שְׁמֶךָ לְעוֹלָם וָעֶד.

*I will exalt You, my Sovereign God; I will bless Your name for ever.  
Every day will I bless You; I will extol Your name for ever.*

Gadol Adonai umhulal me'od,

גָּדוֹל יי וּמְהַלֵּל מְאֹד.

v'ligdulato ein cheker.

וְלִגְדֻלְתּוֹ אֵין חֶקֶר.

Dor l'dor y'shabach ma'asecha,

דֹר לְדֹר יִשְׁבַּח מַעֲשֶׂיךָ.

ugvurotecha yagidu.

וְגִבּוֹרֹתֶיךָ יִגִּידוּ.

*Great is God and worthy of praise; God's greatness is infinite. One generation shall acclaim Your work to the next; they shall tell of Your might yacts.*

Hadar k'vod hodecha,

הַדָּר כְּבוֹד הוֹדְךָ.

v'divrei nifli'otecha asicha.

וְדִבְרֵי נִפְלְאוֹתֶיךָ אֲשִׁיחָה.

*They shall consider Your radiant glory; they shall reflect on Your wonderous works.*

V'ezuz nor'otecha yomeru,  
ugdulatecha asp'reina.

Zecher rav-tuvecha yabi'u,  
V'tsidkatcha y'raneinu.

וְעִזּוֹז נִוְרָאוֹתֶיךָ יֹאמְרוּ.  
וְגִדְלַתְךָ אֲסַפְרֶנָּה.  
אֶזְכֵּר רַב-טוֹבְךָ יְבִיעוּ.  
וְצִדְקַתְךָ יִרְנְנוּ.

*They shall speak of Your awesome might, and make known Your greatness.  
They shall tell the world of Your great goodness, and sing of Your righteousness.*

Chanun v'rachum Adonai,  
erech apayim ugdal chesed.

Tov-Adonai l'kol,  
v'rachamav al-kol-ma'asav.

חַנּוּן וְרַחוּם יְיָ.  
אָרֶךְ אַפַּיִם וְגִדְל־חֶסֶד.  
טוֹב-יְיָ לְכֹל.  
וְרַחֲמָיו עַל-כָּל-מַעֲשָׂיו.

*God is gracious and compassionate, endlessly patient, overflowing with love. God is good to all,  
God's compassion shelters all God's creatures.*

Yud'ucha Adonai kol-ma'asecha,  
vachasidecha y'varchucha.

יְהוָה יְיָ כָּל-מַעֲשֶׂיךָ.  
וְחַסִּידֶיךָ יְבָרְכוּכָה.

*All Your works, O God, shall thank You; Your faithful shall bless You.*

K'vod malchutca yomeru,  
ugvuratecha yedaberu.  
L'hodi'a livnei ha'adam g'vurotav,  
uchvod hadar malchuto.

כְּבוֹד מַלְכוּתְךָ יֹאמְרוּ.  
וְגִבוּרַתְךָ יְדַבְּרוּ.  
לְהוֹדִיעַ לְבְנֵי הָאָדָם גְּבוּרַתְךָ.  
וְכְבוֹד הַדָּר מַלְכוּתְךָ.

*They shall speak of the glory of Your kingdom, and tell of Your strength,  
to reveal Your power to the world, and the glorious splendor of Your kingdom.*

Malchutcha malchut kol-olamim,  
umemshaltecha b'chol dor vador.

מַלְכוּתְךָ מַלְכוּת כָּל-עוֹלָמִים.  
וּמְשַׁלְתְּךָ בְּכָל-דּוֹר וְדוֹר.

*Your kingdom is an everlasting kingdom; Your dominion endures through all generations.*

Somech Adonai l'chol hanoflim,  
v'zokef l'chol hak'fuim.

סוּמַךְ יי לְכָל-הַנוֹפְלִים,  
וְזוֹקֵף לְכָל-הַכְּפוּפִים.

Einei kol eleicha y'sabeiru,  
v'Ata noten-lahem et-achlam b'ito.

עֵינֵי כָל אֱלֹהֵיךָ יִשְׁבְּרוּ,  
וְאַתָּה נוֹתֵן-לָהֶם אֶת-אֲכָלָם בְּעֵתוֹ.

*God, You support the falling; You raise up all who are bowed down. The eyes of all are turned to You; You sustain them in time of need.*

Pote'ach et-yadecha,  
umasbi'a l'chol-chai ratson.

פֹּתַח אֶת-יָדְךָ,  
וּמַשְׁבִּיעַ לְכָל-חַי רִצּוֹן.

Tsadik Adonai b'chol d'rachav,  
v'chasid b'chol-ma'asav.

צַדִּיק יי בְּכָל-דְּרָכָיו,  
וְחַסִּיד בְּכָל-מַעֲשָׂיו.

*You open Your hand to fulfill the needs of all the living. God, You are just in all Your paths, loving in all Your deeds.*

Karov Adonai l'chol kor'av,  
l'chol asher yikrahu v'emet.

קָרוֹב יי לְכָל-קוֹרְאָיו,  
לְכָל אֲשֶׁר יִקְרְאוּ בְּאֱמֶת.

*God is near all who call to God, to all who call upon God in truth.*

Ratson-y're'av ya'ase,  
v'et-shav'atam yishma v'yoshi'em.

רִצּוֹן-יִרְאוּ יַעֲשֶׂה,  
וְאֶת-שׁוֹעֲתָם יִשְׁמַע וַיּוֹשִׁיעֵם.

Shomer Adonai et-kol-ohavav,  
v'et kol-harsha'im yashmid.

שׁוֹמֵר יי אֶת-כָּל-אֹהֲבָיו,  
וְאֶת כָּל-הַרְשָׁעִים יִשְׁמִיד.

*God will fulfill the hope of all who revere God; God will hear their cry and help them.. God preserves all those who love God, but the lawless God brings to grief.*

T'hilat Adonai y'daber-pi  
vivarech kol-bashar shem kodsho  
l'olam va'ed. Va'anachnu n'varech ya  
m'Ata v'ad-olam. Halleluyah!

תְּהִלַּת יי יְדַבֵּר-פִּי  
וַיְבָרֵךְ כָּל-בָּשָׂר שֵׁם קֹדֶשׁוֹ לְעוֹלָם וָעֶד.  
וְאֲנַחְנוּ נְבָרֵךְ יְיָ  
מֵעַתָּה וְעַד-עוֹלָם. הַלְלוּיָהּ!

*My lips shall declare the glory of God; let all flesh bless God's holy name for ever and ever. We will bless God now and always. Halleluyah!*





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Let the glory of God be extolled, let God's great name be hallowed in the world whose creation God willed. May God rule in our own day, in our own lives, and in the life of all Israel, and let us say: Amen. Let God's great name be praised forever and ever. Beyond all praises, songs, and adorations that we can utter is the Holy One, the Blessed One, whom we glorify, honor and exalt. And let us say: Amen.

- All Rise -

**Bar'chu** □ □ □ □  
 Bar'chu et Adonai ham'vorach!  
 Baruch Adonai ham'vorach l'olam vaed!  
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Praised be the One, to whom our praise is due! Praised be the One, to whom our praise is due, now and forever!

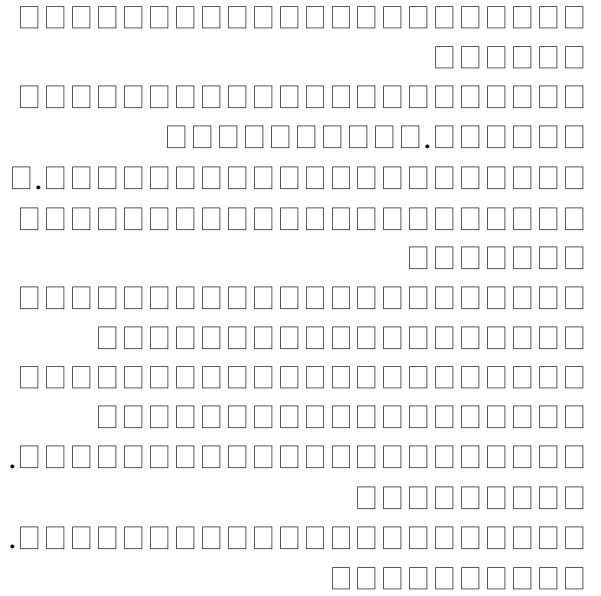
**Yotzer** □ □ □ □  
 Baruch ata, Adonai Eloheinu, melech ha'olam,  
 yotzer or uvorei choshech, oseh shalom uvorei et  
 hakol. Hamei'ir la'aretz v'ladarim aleha  
 b'rachamim, uv'tuvo m'chadeish b'chol yom tamid  
 ma'asei v'reishit. Ma rabu ma'asecha Adonai!  
 Kulam b'choch'ma asita, mal'a ha'aretz  
 kin'yanecha. Tit'barach, Adonai Eloheinu, al-  
 shevach ma'asei yadecha, v'al m'orei-or she'asita  
 y'fa'arucha. Sela.  
 Or chadash al Tzion ta-ir, v'nizkeh chulanu m'heira  
 l'oro.  
 Baruch ata Adonai, yotzeir ham'rot.  
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b'rachamim rabim. Someich noflim, v'rofeh cholim,  
umatir asurim, um'kayeim emunato lisheinei afar.  
Mi chamocha, ba'al g'vurot, umi domeh lach,  
melech meimit um'chayeh umatzmiach y'shua?  
V'ne'eman atah l'hachayot hakol.  
Baruch atah, Adonai, m'chayeh hakol.



You are forever mighty, Adonai; You give life to all. \*Summer – You rain dew upon us. With love You sustain the living, with great compassion you give life to all. You send help to the falling and healing to the sick; You bring freedom to the captive and keep faith with those who sleep in the dust. Who is like you Mighty One? Who is like You, Source of mercy? In compassion You sustain the life of your children. We praise You, Eternal God, the Source of life.



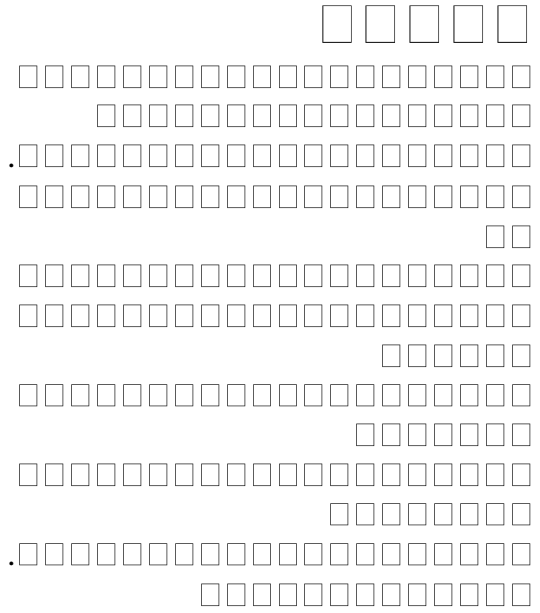
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We sanctify Your name on earth, even as all things, to the ends of time and space, proclaim Your holiness; and in the words of the prophet we say: *Holy, Holy, Holy is Adonai of Hosts; the fullness of the whole earth is God's glory!* Source of our strength, Sovereign God, how majestic is Your presence in all the earth! *Blessed is the glory of God in heaven and earth.* Adonai alone is our God and our Creator, God is our ruler and our Helper, and in God's mercy Adonai reveals God in the sight of all the living: I AM ADONAI YOUR GOD! *Adonai shall reign for ever; your God, O Zion, from generation to generation. Hallelujah!* To all generations we will make known Your greatness, and to all eternity proclaim Your holiness. Your praise, O God, shall never depart from our lips. Blessed is Adonai, the Holy God.

**- All are seated -**

## V'Shamru

V'sham'ru v'nei Yisrael et hashabat,  
la'asot et hashabat l'dorotam b'rit olam.  
Beini uvein b'nei Yisrael ot hi l'olam,  
ki sheishet yamim asa Adonai  
et hashamayim v'et ha'aretz,  
uvayom hash'vii shavat vayinafash.



The people of Israel shall keep the Sabbath, observing the Sabbath in every generation as a covenant for all time. Is is a sign forever between Me and the people of Israel, for six days the Eternal God made heaven and earth, taking rest and refreshment on the seventh day.

*Exodus 31:16-17*

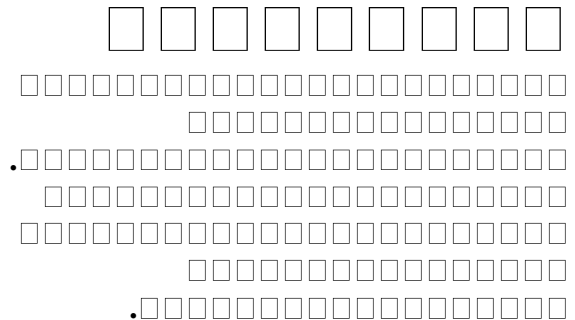
People often wonder why when we say we have silent prayer we often have music, because the silent prayer is not necessarily for us to be silent. Rather, it is the time when the voices of our ancestors are silenced, so that the unscripted prayers of each individual worshipper might rise. Silent prayer means that the siddur is silenced, while the prayers of our hearts are at last, if not quietly, given voice.

*-Zoe Klein*

**- We pause for Silent Prayer -**

## Sim Shalom

Sim shalom, tovah u'v'racha, chen vachessed  
v'rachamim, aleinu v'al kol yisrael amecha.  
Baruch atah, Adonai, ham'varech et amo  
yisrael bashalom.



Peace, happiness, and blessing; grace and love and mercy: may these descend on us, on all Israel, and all the world.  
Blessed is Adonai, whole blesses the people Israel with peace.



# Torah

## Service



- All rise as the Torah is taken from the Ark -

Ein-kamocha ba'elohim Adonai, v'ein  
kema'aseicha. Malchutecha, malchut kol-  
olamim, u'memshaltecha b'chol-dor va'dor.  
Adonai melech, Adonai malach, Adonai  
yimloch, l'olam va'ed. Adonai oz l'amod  
yiten, Adonai yivarech et m ova'shalom

אֵין-כְּמוֹךָ בְּאֱלֹהִים, אֲדֹנָי, וְאֵין  
כְּמַעֲשֶׂיךָ. מַלְכוּתְךָ מְלָכוּת כָּל-  
עוֹלָמִים, וּמִשְׁלַחְתְּךָ בְּכָל-דּוֹר וְדוֹר.  
יְהוָה מֶלֶךְ, יְהוָה מַלְאָךְ, יְהוָה יִמְלֹךְ  
לְעוֹלָם וָעֶד. יְהוָה עֹז לְעַמּוֹ יִתֵּן.  
יְהוָה יְבָרֵךְ אֶת-עַמּוֹ בְּשָׁלוֹם.

*There is none like You, Eternal One, among the gods that are worshipped, and there are no deeds like Yours. Your sovereignty is everlasting; You reign through all generations. God rules; God will reign for ever and ever. Eternal God, give strength to Your people; Eternal God, bless Your people with peace.*

El ha'rachamim, heitiva virtsoncha et-  
tzion; tivnei chomot y'rushalayim. Ki  
v'cha l'vad batachnu, melech el ram  
v'nisa, adon olamim.

אֵל חַרְחָמִים, הֵיטִיבָה בְּרַצוֹנְךָ  
אֶת צִיּוֹן; תִּבְנֶה חוֹמוֹת  
יְרוּשָׁלָיִם. כִּי בְךָ לְבָד בְּטַחְנוּ.  
מֶלֶךְ אֵל רַם וְנִשְׂא, אֲדוֹן עוֹלָמִים.

*Source of mercy, let Your goodness be a blessing to Zion; let Jerusalem be rebuilt. In You alone do we trust, O Sovereign God, high and exalted, Ruler of all the worlds.*

Ki mitziyon teitzei Torah ud'var-Adonai  
mi'rushalayim.

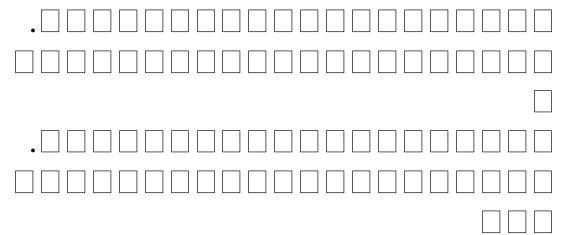


Baruch shenatan torah l'amo Yisrael bik'dushato.



*For from Zion shall Torah go forth, the word of God from Jerusalem. Blessed is the One Who in holiness gave Torah to the people Israel.*

Sh'ma Yisrael Adonai Eloheinu, Adonai Echad.  
Echad Eloheinu, Gadol Adoneinu, Kadosh Sh'mo.



Hear, O Israel: the Eternal One is our God, the Eternal God alone! Our God is One; Adonai is great; holy is God's name.

Gad'lu L'Adonai iti, un'rom'mah  
sh'mo yach'dav.

גִּדְלוּ לַיְי אֱתֵי וּנְרוֹמְמָה  
שְׁמוֹ יַחַדּוּ.

*Proclaim the greatness of God with me, and let us elevate God's name together.*

L'cha, Adonai, ha'g'dula v'ha'tiferet  
v'hanetzach v'hahod, ki chol bashamyim u'va'aretz,  
l'cha Adonai ha'mamlacha v'ha'mitnaseh l'chol l'rosh.

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Yours, Adonai, is the greatness, the power, the glory, the victory, and the majesty; for all that is in heaven and earth is Yours. Yours is the sovereignty, Adonai; You are supreme over all.

Rom'mu Adonai Eloheinu,  
v'hishtachavu l'har kodsho,  
ki kadosh Adonai Eloheinu.

רוֹמְמוּ יְי אֱלֹהֵינוּ  
וְהִשְׁתַּחֲוּוּ לְהַר קֹדֶשׁוֹ  
כִּי קֹדֶשׁ יְי אֱלֹהֵינוּ.

*Exalt the Eternal our God, and bow down before the holy mountain,  
for holy is the Eternal our God.*

Al shloscha d'varim ha'olam omeid:  
Al ha'torah, v'al ha'avodah, v'al g'milut chasadim.

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The world is sustained by three things: by Torah, by worship, and by loving deeds.  
**- All are seated -**

**Torah Blessings**

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**- Before the Reading of the Torah -**

Barchu et Adonai ha'm'vorach!  
Baruch Adonai ha'm'vorach l'olam va'ed!  
Baruch atah, Adonai Eloheinu, melech ha'olam,  
asher bachar banu mikol ha'amim v'natan lanu  
et torato. Baruch atah, Adonai, notein ha'torah.

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Praise Adonai, to whom our praise is due! Praised be Adonai, to whom our praise is due, now and for ever! Blessed is Adonai our God, Ruler of the universe, who has chosen us from all peoples by giving us God's Torah. Blessed is Adonai, Giver of the Torah.

**- After the Reading of the Torah -**

Baruch atah, Adonai Eloheinu, melech ha'olam, asher natan lanu torat emet v'chayei olam nata b'tocheinu. Baruch atah, Adonai, noten ha'torah.

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Blessed is Adonai our God, Ruler of the universe, who has given us a Torah of truth, implanting within us eternal life. Blessed is Adonai, Giver of the Torah.

**- All rise as the Torah is lifted -**

V'zot ha'torah asher sam Moshe lifnei b'nei Yisrael, al pi Adonai b'yad Moshe.

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This is the Torah that Moses placed before the people of Israel to fulfill the word of God.



**Mi Shebeirach**

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Mi shebeirach Avoteinu m'kor hab'racha L'imoteinu.

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May the source of Strength, Who blessed the ones before us, Help us find the courage to make our lives a blessing, and let us say, Amen.

Mi shebeirach Imoteinu m'kor hab'racha l'Avoteinu.

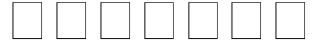
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Bless those in need of healing with r'fuah sh'leima,

The renewal of body, the renewal of spirit, and let us say, Amen.

**- All rise as the Torah is returned to the Ark -**

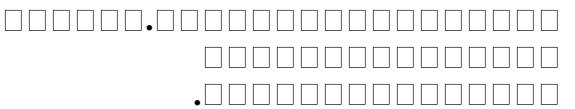
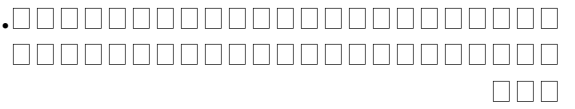
Tree of Life



Eitz chayim hee l'machazikim ba, v'tomcheha  
m'ushar.  
D'racheha dar'chei no'am, v'chol n'tivotaha shalom.



Hashiveinu Adonai eilecha, v'nashuva. Chadesh  
yameinu k'kedem.



It is a tree of life to those who hold it fast, and all who cling to it find happiness. Its ways are ways of pleasantness, and all its paths are peace. Help us to return to You, Adonai; then truly shall we return. Renew our days as in the past.

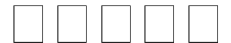
**- All are seated -**

D'var Torah

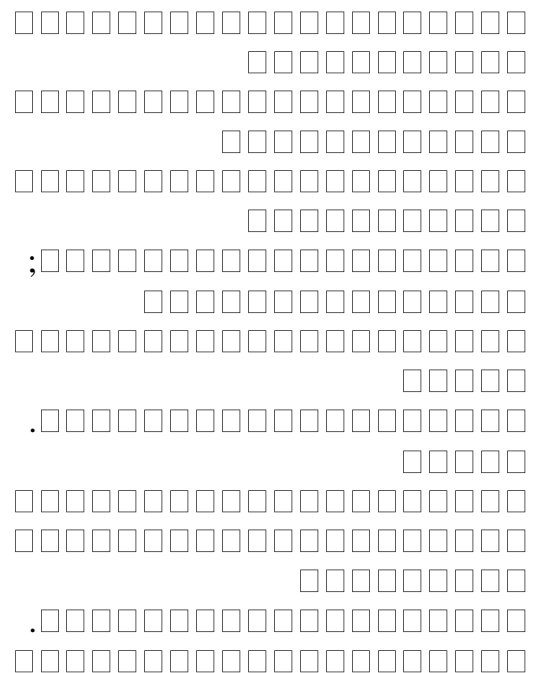


**- All rise -**

Aleinu



Aleinu l'shabeiach la'adon hakol,  
lateit g'dula l'yotzeir b'reisheet,  
shelo asanu k'goyei ha'artzot,  
velo samanu k'mish'p'chot ha'adama;  
shelo sam chel'keinu kahem,  
v'goraleinu k'chol hamonam.  
Va'anachnu korim umish'tachavim umodim lif'nei  
melech mal'chei ham'lachim, hakadosh baruch hu.





whom there is no one left to say Kaddish. Loving God, we praise Your name:

Yit'gadal v'yit'kadash sh'mei rabah. B'alma  
div'ra chirutei, v'yam'lich mal'chutei  
b'chayeichon uv'yomeichon uv'chayei d'chol beit  
yisrael, ba'agalah uviz'man kariv, v'imru: Amen.

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Y'hei sh'meih rabah m'vorach  
l'alam u'lal'mei al'maya.

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Yit'barach v'yish'tabach v'yitpa'ar v'yit'romam  
v'yit'nasei v'yit'hadar v'yit'aleh v'yit'halal sh'meih  
d'kud'sha,  
B'rich hu,

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l'eila min kol bir'chata v'shirata tush'b'chata  
v'nechemata da'amiran b'alma v'imru: Amen.

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Y'hei sh'lama raba min sh'maya v'chayim aleinu  
v'al kol Yisrael v'im'ru: Amen.

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Oseh shalom bim'romav, hu ya'aseh shalom  
aleinu v'al kol Yisrael v'imru: Amen.

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Let the glory of God be extolled, let God's great name be hallowed in the world whose creation God willed. May God rule in our own day, in our own lives, and in the life of all Israel, and let us say: Amen. Let God's great name be

praised for ever and ever. Beyond all praises, songs, and adorations that we can utter is the Holy One, the Blessed One, whom yet we glorify, honor and exalt. And let us say: Amen. For us and for all Israel, may the blessing of peace and the promise of life come true, and let us say: Amen. May the One who causes peace to reign in the high heavens, let peace descend on us, on all Israel, and all the world and let us say: Amen. May the Source of peace send peace to all who mourn, and comfort to all who are bereaved. Amen.

**- All are seated -**