

Program Title: Time Off in Israel

Category: Israel, free time pre-program

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Please Note: This program may be used "as-is," however; NFTYites are encouraged to "adapt" programs, combining their own elements of innovation with this preexisting program

Touchstone Text:

"Congratulations! Today is your day. You're off to great places! You're off and away!"
-Oh The Places You'll Go

Goals:

1. Pps will better understand Israel and her culture
2. Pps will be exposed to parts of Israel they may not have ever seen before.

Objectives:

1. Pps will have a fun time while also learning new things about Israel.
2. Pps will have a stronger desire to go to Israel.
3. Pps will have a meaningful experience at some point in the program.

Materials:

- 4 large rooms
- Two projector screens(must be able to hook up to laptops and be projected onto entire walls)
- Chairs for all participants set up in airplane rows for opening
- Airplane seatbelts
- Sheet-made "airplane-windows" and proper signing (Emergency Exit etc.)
- EI-AI name tags with Israeli name for the flight attendants
- EL-AL Safety video (<http://vimeo.com/11228496>)
- Coffee Maker/Hot water heater
- Aroma Coffee and Tea (<http://aroma.us/>) complete with at least three barista's with aroma attires
- Hot chocolate
- Disposal cups, sugar packs Coffee Creamer etc. (preferably of Aroma)
- Large, long rope
- Two Solid color Flags, blue and white
- Army face paint
- Projection of Kotel(live feed) <http://english.thekotel.org/cameras.asp> (make sure it works with the computer before hand)
- Large dark room with sleeping bags and/or yoga mats.
- Board games
- Music (Israeli folk as well as usual contemporary)

People:

- 4 evenly divided groups of participants
- 1 group leader in each rotation
- 4 "Tour guides", chosen beforehand, must have been to Israel
- 1 program Leader, 2 time keepers
- DJ

- Advisors to serve beverages in Café
- Advisors to monitor stations

Space Needed:

- Outdoor Field
- Large Room that can accommodate dance (can be opening room if chairs are moved out of the way)
- Large room with projector and chairs set up “airplane style”
- Room set up with coffee pots and tables and chairs café style
- Large Dark room with yoga mats set up in a circle
- Large room for Havdallah (Unless we want to do Havdallah outside)

Time Table: 2:30 hours

00:00-00:10 Introduction and set up for rotations
00:10-00:13 Move to first rotation
00:13-00:28 Rotation 1
00:28-00:30 Move to second rotation
00:30-00:45 Rotation 2
00:45-00:48 Move to third rotation
00:48-01:03 Rotation 3
1:03-1:05 Move to fourth rotation
1:05-1:20 Rotation 4
1:20-1:23 Move to starting room
1:23-1:25 Dismiss to free-time
1:25-2:30 Free-time

Detailed Procedure:

00:00-00:10 Introduction and set up for rotations

Regional Board, dressed as Israeli flight attendants, welcome participants and make sure each row of chairs has an equal number of participants. Explain that participants have just boarded an ELAL flight to Israel (Show EL-AL safety video) and divide into groups by “tour guide”.

00:13-01:20 Program

Participants will move through their scheduled rotations:

Station 1 (Program): Tel Aviv – During the program Participants will learn about Tel Aviv, after general background information tour guide will share 1 experience, group leader will share 1 experience (both must be approved beforehand). Participants will then learn the steps to an Israeli Dance.

Station 2 (Program): Aroma in the north – After some short background info on the Golan Heights, participants will have the opportunity to be served their choice of coffee or tea from Aroma, While sitting in the “café” participants will hear first hand experiences from their tour guide and the station leader about any time spent in the north and coffee experiences in Israel

Station 3 (Program): Gadna – After a short explanation of the Israeli military and its principles, participants will listen to a story about Gadna and then will play catch the flag or different “army game”

Station 4 (Program): Negev – Participants will learn about the Negev’s importance to Israel and hear a story about how peaceful the Negev is. Participants will then be led in a short guided meditation.

1:20-1:25 Set up for free time

Program leader will explain free-time activities and rules

1:25-2:30 Free time

Participants will be able to choose where they spend their time within the stations:

Station 1(Free-time): Party in Tel Aviv – During Free-time the Tel Aviv station will be where the traditional dance will take place. It would be awesome to give the room beach decoration.

Station 2(Free-time): Aroma in the north – Keep coffee, tea and hot chocolate coming along with Jo-ellen's signature game room.

Station 3(Free-time): Gadna – Participants will have the chance to sport camo face-paint and play capture the flag.

Station 4(Program): Negev – Participants will learn about the Negev's importance to Israel and hear a story about how peaceful the Negev is. Participants will then be led in a short guided meditation

Station 4(Free-time): A room for meditation and reflection...NOT HOOKING UP